

CONVERSATION RESOURCES

4th Grade

The following information and suggestions are provided to assist you in your effort to protect your children and to keep them safe.

The NO-GO-TELL Rule

NO – Say NO when someone suggests or invites you to do something which is wrong or which makes you feel uncomfortable.

- When approached by a stranger asking for help.
- When someone volunteers to take you home when you don't know them.
- When an older child who doesn't have permission tries to take you away with them.

GO – Safely and quickly remove yourself from the situation.

TELL – Let a trusted adult know what happened (as soon as you can).

Day to Day Safety

1. What are safe/good touches and unsafe/bad touches.
 - “Has anyone touched you in a way that makes you feel uncomfortable or scared?”
 - Private parts of the body are parts covered by your bathing suit.
 2. “Hurtful” secrets”
 - A good secret is one that will eventually be told, like a surprise party. Secrets should never hide hurtful behavior.
 - It is important that children know that they can talk about things in their life, even if they have been told to keep a secret.
 - When is it okay to tell a secret?
 - Has any adult asked you to keep a secret just between the two of you?
 3. Friends and Safety
 - Do you feel safe at school?
 - When you go to a friend's house is there always a parent there?
 - Do your friends talk about things that sometimes make you feel uncomfortable?
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Scenarios

1. What would you do if a stranger asked you to go with them to help find their dog?
2. When is it ok for someone to take your picture? When is it not ok?
3. What would you do if someone touched you in a way that makes you feel uncomfortable?
4. What do you do when someone you don't know invites you to go somewhere?

Internet and Technology Safety

1. Internet Safety Rules
 - Discuss house rules for using the Internet.
 - Keep computer in a room where the parent can monitor use, not in the bedroom.
 - Know your child's passwords.
 - Do not share passwords with friends.
 - Monitor Internet use.
 - Know your child's online accounts/profiles. (Yahoo, Google, Facebook etc.)
 - Discuss with your child that they should not share personal information (name, phone number, address) when on the Internet.
2. Conversation Starters
 - Discuss with your child that they should not share passwords with friends.
 - Discuss with your child that they should not share personal information (name, phone number, address) when on the Internet.
 - Ask if they follow house rules when on the internet at a friend's house?

Best Practices

1. Keep computer in a room where the parent can monitor use, not in bedroom.
2. Know your child's passwords and online accounts/profiles? (Yahoo, Google, Facebook etc.)
3. Screen babysitters carefully; checking references.
4. Never force children to touch, hug or kiss someone whom they don't want to.
5. Be sensitive to changes in your child's behavior; talk to them about the changes when you notice.
6. Be familiar with your child's friends and activities. Acquaint yourself with the home situation of your child's friends.

Online Resources

Missing and exploited children: **www.missingkids.com**

Netsmartzkids: **www.Netsmartz.org**

www.UTouchITell.org

U Touch I Tell by Chi Hosseinion - ISBN 9781478205586

SI ME TOCAS TE ACUSO – ISBN 9781480257573, 1480257575
